

## THE JANUARY 2026 NEWSLETTER



Mill Hill u3a  
wishes all our  
members a peaceful,  
healthy and  
joyful year ahead



**2026 - FORTHCOMING MONTHLY TALKS:**  
(The venue is Hartley Hall unless stated otherwise.  
Doors open at 1.15 pm; talks begin at 2.15 pm.  
unless shown otherwise).

<i>Date</i>	<i>Speaker</i>	<i>Title</i>	<i>Info</i>
15 <sup>th</sup> Jan.	Helen Fry	“Women in Intelligence”	The hidden history of two world wars.
19 <sup>th</sup> Feb.	Joanne Larner	“Handwriting Analysis”	Please bring paper and pen! It is a humorous and light-hearted talk. Not too scientific!
19 <sup>th</sup> Mar.	Rob Brewer	“The Roles of a TV/Film Extra”	Rob is very experienced in this field having been an extra for many years.
16 <sup>th</sup> Apr.	Martin Orkin	“Beatlemania (1962—1965)”	Martin returns after earlier delighting us with his talk on Simon and Garfunkel.
21 <sup>st</sup> May	Patricia Gregory	“50 Years Gone in a Flash”	

The London Region Events Team are pleased to announce that our **monthly Online Talks Programme** from **January - March 2026** is **BOOKING NOW!**

The talks will be delivered via Zoom on the **second** Monday of each month from 17.30-18.30 (log in from 17.00). ·

Monday 12th January 2026

**Speaker:** Jane Kershaw

**Topic:** Revealing the origins of the Viking Age through the scientific analysis of silver

Monday 9th February 2026

**Speaker:** Richard Westwood-Brookes:

**Topic:** Elgar - The composer you thought you knew

Monday 9th March 2026

**Speaker:** Alan Freeland

**Topic:** Catherine The Great - ruler of Russia 1762-1796

The full programme can be seen [here](#) with links to the booking forms. For a full list of these and other events please see the [Events](#) page of our website. Please register early as bookings will close 48 hours prior to each talk. The zoom link will only be sent to those who have registered. Requests for the link cannot be actioned on the day of the talk.

With best wishes

Catherine Ware, Talks Coordinator - London Region of U3As

[talks.lru3a@gmail.com](mailto:talks.lru3a@gmail.com)

website: <https://lru3a.u3asite.uk/>

# INFORMATION ABOUT MILL HILL U3A

Details of the activities of Mill Hill u3a are shown on our website which can be accessed by clicking this link [HERE](#): (see 'EVENTS'), and of the Executive Committee (see 'ABOUT/EXEC. COM').

Our 'enquiries' desk receives many queries about our u3a; particularly, people ask about membership or renewal applications apparently going astray or being delayed.

You can find all relevant contact details on our website here: <https://millhillu3a.co.uk/#contact>

For *membership* enquiries, you should email our Membership Administrator directly here:

**[membership@millhillu3a.co.uk](mailto:membership@millhillu3a.co.uk)**

In accordance with the requirements of the u3a movement and other charities, we have a number of 'policy' and 'guidance' documents available to view on our website. These cover such matters as:

- Member Code of Conduct;
- Safeguarding Policy and Procedure;
- Guide to online payment of membership renewal or joining fees;
- Group Leaders' Guidance.

These documents can be viewed by clicking this [link](#):

These Newsletters are rather 'one-way traffic' and it would be very gratifying to hear back from our readership; so, if you have any comments/suggestions/requests, please get in touch. Please send any contributions to:

**[enquiries@millhillu3a.co.uk](mailto:enquiries@millhillu3a.co.uk)**