

FESTIVE GREETINGS TO ALL OUR READERS



FORTHCOMING MONTHLY TALKS:

(Talks begin at 2.00pm. unless shown otherwise)

<i>Date</i>	<i>Speaker</i>	<i>Title</i>	<i>Info</i>
20 th Jan. 2022	Ingrid Sellman	"Willesden Jewish Cemetery"	Many famous people have been buried there. Zoom and/or face-to- face; venue to be decided.
17 th Feb. 2022	Russell Bowes	"Say it with Poison"	Zoom and/or face-to- face; venue to be decided.
10 th Mar. 2022	Paul Barwick	"Murder on Waterloo Bridge"	Paul is returning as requested to give another espionage talk that recounts the incident when an exiled Bulgarian writer was stabbed with an umbrella as he walked across the bridge on his way to the BBC. Zoom and/or face-to- face; venue to be decided.

Please note that you will be sent emails announcing these talks with a link to the Zoom meeting. In most cases, a recording of the talk will be later available to watch online, for which, again, you will be emailed the link.

A Message from our Chair

It seems incredible to me that we are already close to the end of 2021. Another challenging year where life, as we have known it, has been turned upside down. Yet in the midst of this we have had many constants and our u3a has provided, for me at least and hopefully you too, a happy focus of friendship and belonging. These newsletters keep us up to date with groups and events, as does our website:

<https://millhillu3a.co.uk>

Thanks go to Richard Driscoll for making this possible.

Remember, we do like to hear from you so please share your experiences of groups you belong to, any photos, special moments or ideas by dropping an email to Richard at

enquiries@millhillu3a.co.uk

Once again you are invited to Zoom in to a 30-minute meetup on New Year's eve. This will be an opportunity to come together for a final time this Year and to toast the arrival of 2022. Join us at 3.30 on the 31st and look out for the Zoom link nearer the time.

2022 marks the 40th anniversary of u3a nationally and it will be wonderful to celebrate that locally in our own way. Please let any of us on the Committee know of ideas you have and how you'd like to be involved.

This is a great year for spreading the word so we will, at some stage, be outdoors, connecting with the wider community.

Our National u3a also holds a whole range of events and learning opportunities, the recent Kindertransport day being such an example.

Take a look and see what's ahead:

<https://www.u3a.org.uk/events/educational-events>

Lastly, if you plan to improve your fitness in 2022 you might well want to attend a 3-week introductory course of Walking Netball. Thanks to our special link with Barnet's Community Sports Officer, Annalisa Cellini, we are lucky enough to have the benefit of Sophie Johnson, from England Netball, who will lead these sessions, just for u3a members, to be held at Burnt Oak Leisure Centre on: Tuesdays 18th, 25th January and 1st February 2-3pm. I shall be there and if this appeals to you just drop me a line:

chair@millhillu3a.co.uk

Thank you to all of you for being part of this community and I wish each of you a year filled with wellness and peace.

Barbara Lenton.

Want to feel more confident with your laptop, smartphone or ipad?

Age UK offer a free service where you can get help and guidance with your device.

Simply pop into Hartley Hall any Thursday between 10am and midday.

Additionally, on a Wednesday, the same service is offered at Mill Hill International School, Milespit Hill, with a free lunch ! (12.50 for a 1.10pm session start). This service has closed for the holiday period and will resume again on the 12 January. Just turn up or, to find out more, contact:

**Howard on 0208 432 1415 or
howard.chapman@ageukbarnet.org.uk**

NEWS FROM THE INTEREST GROUPS

Interested in Beginners' Chess?

Several people have expressed an interest in setting up a beginners' bridge group. If this appeals to you please join a preliminary Zoom meeting so this can get started, on

Tuesday, 14 December at 5pm.

The Zoom link is:-

<https://us02web.zoom.us/j/89269616084?pwd=WEFrcFRrYzUrR3BRK1BaL0xiV1RBQT09>

Play Reading

The Group meets at the Three Hammers Pub on the 4th Thursday in the month, from 2.30-4pm. A riendly group, reading a mixture of plays including comedies and mysteries. Recently, a reading of Oscar Wilde's "The Importance of Being Earnest" was great fun. More members are welcome - men and women. Contact Carole Abbey:

caroleabbey@gmail.com

m: 07944 619211

MORE NEWS FROM THE GROUPS **(CONT.)**

Play Kalooki?

Kalooki is a card game from the Rummy Family, using two decks and two jokers. It can be played with between 2 and 5 players and a group meets at the Three Hammers pub, on the Ridgeway each Monday from 2-4pm. New members are always welcome. Just contact Hazel Cohen:

hazelcoh@btinternet.com

Zoom Cookery Course

Susan Coleman is the group leader for the popular Zoom cookery course. She is planning the next series and would like input from anyone who is happy to demonstrate a favourite dish, or two or more. Please contact her if you would like to get involved and she will support you and manage all the admin. We know there is a great interest in Indian, Chinese or other ethnic cuisines as well as vegetarian or vegan. Drop her a line if you can help:

smcoleman1@icloud.com

MORE NEWS FROM THE GROUPS **(CONT.)**

An Advanced Bridge Group?

In the New Year, Valerie Stein would like help from another member to set up a group for those of you who play to a good standard, hopefully with more advanced players. It could be just four playing in each other's homes, or at her home.

If you are interested, please contact Valerie:

val.stein@freeuk.com

0208 3432044.

ITALIAN ADVANCED CONVERSATION

Relaunching on 18th January 2022.

10.30 to 12 at leader's home. Suitable for people who already speak some Italian and would like the opportunity to converse on a variety of topics in a relaxed atmosphere.

Contact Yvonne Hay:

groups@millhillu3a.co.uk

MORE NEWS FROM THE GROUPS (CONT.)

John Ambrose, a member of the Creative Writing Group, has contributed this poem:

Holiday in the West Country

*In the wide estuary
and on the sun kissed beaches
the sea retreating down the shoreline
bringing warmth to the pebbles*

*The little whirlpools beneath the cliffs
containing baby crabs
my life reflected in the water
the little eddies in the rocks*

*I've turned my back on my schoolwork
my vision of the future
succumbed to the moment
in a shard of passing sunlight
disappearing behind the clouds.*

MORE NEWS FROM THE GROUPS (CONT.)

YOUR APRIL 2022 OUTING

HUGHENDEN MANOR & GARDENS, DISRAELI'S COUNTRY HOME.



On **TUESDAY 5th APRIL, 2022**, leaving Mill Hill at 9.45, returning approx. 5.15

COST: **£24** per person, to includes coach and admission* (Max 2)

* **National Trust Members**: admission is free. You just pay **£12** for the coach.

BOOKING by email: **OPENS: 9.00 am MONDAY, 10th JANUARY 2022**

CLOSES: 9.00 pm Monday 24th January, 2022

NO BOOKINGS WILL BE ACCEPTED BEFORE 9.00 am on 10th JANUARY.

Email: outingsbookings@millhillu3a.co.uk and include the following info:

- (1) Hughenden. 5th April 2022
- (3) Tickets required (max 2) & total cost
- (2) Your name / s and U3A Mem No / s
- (4) A phone number for use on the day.
- (5) If applicable, your National Trust membership no/s & expiry date.

PAYMENT: Successful applicants will be emailed, requesting payment by either BACs or Cheque.

Joining Instructions will be emailed to you 7 -10 days before the Outing.

COVID AWARE: The coach company requires all passengers to be fully Covid vaccinated.

MORE NEWS FROM THE GROUPS

AN OUTING to R.H.S. WISLEY

with the SPRING CRAFT- FAYRE

on MONDAY, 2nd MAY, 2022.

Wisley is one of Britain's most visited horticultural centres. The 240 acres was given to the RHS in 1903 and is home to some of the largest plant collections in the world.



The Spring Craft Fayre always offers a wonderful range of crafts and handicrafts.

Leaving at 9.15, a coach from Hartley Hall, Mill Hill, will take us to Wisley where we will be free to explore the Gardens and Craft Fayre at our leisure. Leaving at 4.00, we anticipate arriving back in Mill Hill around 5.30 - 6.00pm.

There are 5 cafes, pop-up food & drink outlets, a picnic area and an RHS shop!! ☺

COST: £28.00 to include return coach and admission to Wisley & Fayre

NOTE: RHS members & guests will pay only £15.00 for the coach element.

Booking: opens at **9.00 am on MONDAY, 7th FEBRUARY, 2022**

and closes at 9.00 pm on MONDAY 21st FEBRUARY, 2022

NO BOOKINGS WILL BE ACCEPTED BEFORE 9.00am, Mon 7th Feb.

EMAIL: outingsbookings@millhillu3a.co.uk including the following info:

- [1] Wisley, 2nd May, 2022
- [2] Your name/s & your U3A membership no /s
- [3] Tickets required (Max 2) **and** total cost.
- [4] Phone number for use on the day.

Payment: Successful applicants will be emailed, after the close of booking, requesting payment by either BACs or Cheque.

Joining Instructions will be emailed out 7 -10 days before the outing.

N.B. The coach company requires passengers to have been fully vaccinated and you will need to show proof of vaccination.

PLEASE PUT THE BOOKING-DATE IN YOUR DIARY NOW !

MORE NEWS FROM THE GROUPS

YOUR JUNE 2022 OUTING IS TO BLENHEIM PALACE AND GARDENS on Monday, 27th June, 2022.



The birthplace of Sir Winston Churchill, Blenheim has one of the most extensive collections of portraits, furniture, sculptures and tapestries in Europe. It has many formal Gardens including the Water Terraces, Duke's Private Italian Garden, the Secret Garden, a new Churchill Memorial Garden & the beautiful Rose Garden. Hopefully, the weather will be warm enough for you to bring a picnic and eat in the grounds but, failing that, there are four lunch options at Blenheim Palace from café fare to smart dining.

Cost: **£38.00 p/p** which includes the return coach, individual audio guides and admission to the Palace and the Gardens.

Booking opens at 9.00 am on Monday, 4th April, 2022.

and closes at 9.00 pm on Monday, 18th April, 2022.

NO BOOKINGS WILL BE ACCEPTED BEFORE THIS DATE.

EMAIL: outingsbookings@millhillu3a.co.uk including the following info:

- [1] Blenheim, 27th June, 2022
- [2] Your name/s & your U3A membership no /s
- [3] Tickets required (Max 2) **and** total cost.
- [4] Phone number for use on the day.

Payment: Successful applicants will be emailed, after the close of booking, requesting payment by either BACs or Cheque.

Joining Instructions will be sent to you 7 -10 days before the Outing

N.B. The coach company requires all passengers to have been double-vaccinated and you will need to show proof of vaccination.

PLEASE PUT THE BOOKING DATE IN YOUR DIARY.

MORE NEWS FROM THE GROUPS

MHU3A's OUTING FOR THURSDAY, 21st JULY, 2022.

THE HENRY MOORE FOUNDATION

MUCH HADHAM, HERTS **ONLY 40 PLACES.**

A tour of Henry Moore, the sculptor's, former home Hoglands House and Gardens. They are now an art gallery and a sculpture park which display around 20 of Henry Moore's monumental bronzes.



A coach will pick us up outside Hartley Hall, Mill Hill, at 9.30, and return at approx. 5.00 pm. The journey time is around 45-minutes each way.

COST: **£28.50** for admission, return coach and welcome tea or coffee

LUNCH: details to follow but estimated at approx. £13.00 p/p

BOOKING: opens at **9.00 am on TUESDAY, 3rd MAY 2022**

closes at 9.00 pm on Tuesday, 17th MAY.

NO BOOKINGS WILL BE ACCEPTED BEFORE THIS DATE

APPLY TO: outingsbookings@millhillu3a.co.uk including the following info:

- (1) Henry Moore. 21st July 2022
- (2) Your name / s and U3A Mem no / s
- (3) Number of tickets required (max 2) **and** total cost
- (4) Phone number for use on the day

Payment: Successful applicants will be emailed, after the close of booking, requesting payment by either BACs or Cheque.

Joining Instructions will be sent to you 7 -10 days before the Outing

N.B. The drivers and guides will have been vaccinated and it is expected that members would have had their vaccinations too.

NOTE THE UNUSUAL DAY FOR BOOKING. TUESDAY, NOT MONDAY !

MORE NEWS FROM THE GROUPS

OUTINGS (cont.)

HOW WILL I KNOW WHAT OUTINGS ARE AVAILABLE?

Outings Flyers are displayed on the website, with details of when and how to book:

<https://millhillu3a.co.uk/group/outings/>

HOW DO I BOOK?

We now take bookings by email only
BOOKINGS will open at the time and date advertised on each Flyer and will be logged in order of receipt. Applications should be emailed to our new address:

outingsbookings@millhillu3a.co.uk

Should you not have email you will be allocated a 'booking-buddy'. Please enquire by writing to:

*Outings MHu3a,
c/o 6 Lyndhurst Avenue,
NW7 2AB.*

MORE NEWS FROM THE GROUPS

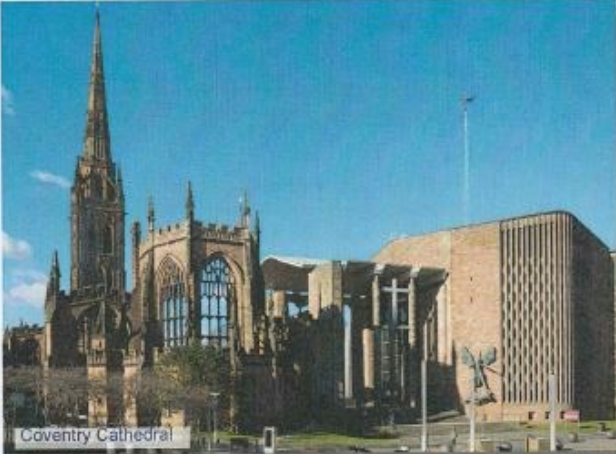
Only two twin/double rooms are available for this trip. Contact: ***travelmhu3a@gmail.com*** if you are interested.

*Coventry, UK City of Culture,
Stratford-upon-Avon & The Cotswolds*

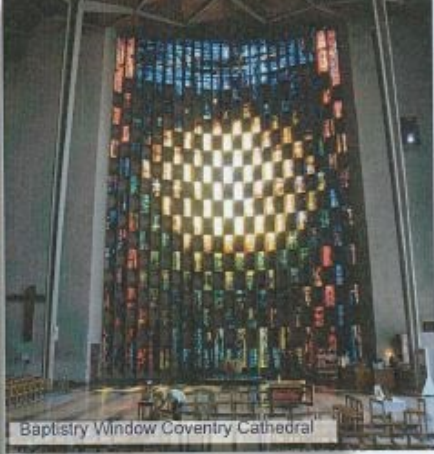
Departs Monday 25 April 2022

4 Days • 3 Nights
from
£399 per person


Organised by
HARRY SHAW
Group Travel
on behalf of Mill Hill U3A




Coventry Cathedral



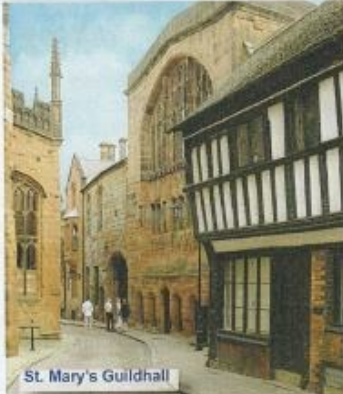
Baptistry Window Coventry Cathedral




Stratford Upon Avon



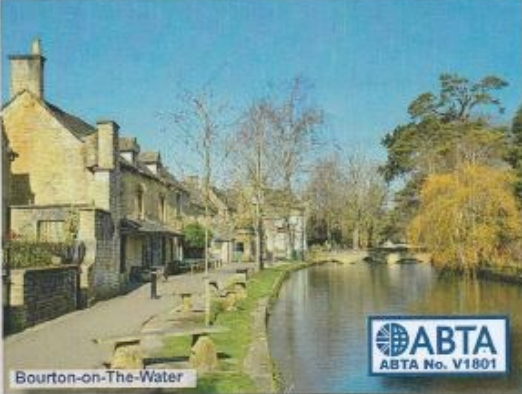
Compton Verney



St. Mary's Guildhall



Bourton-on-The-Water



Bourton-on-The-Water

ABTA
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MORE NEWS FROM THE GROUPS (CONT.)

YORK, HARROGATE, CASTLE HOWARD, WHITBY AND THE NORTH YORKSHIRE MOORS.

5 DAYS from Sunday 26th - Thursday 30th of JUNE, 2022



A five-day visit to Yorkshire, travelling by luxury coach and staying at the 4* York Marriott Hotel, which overlooks the racecourse.

Excursions include **Harrogate**, where you might choose to visit Betty's, the renowned Yorkshire tea-rooms, **Castle Howard**, the stately home used for "Brideshead Revisited", **Whitby's** pretty harbour, where a bag of fish-and-chips, whilst sitting on the seawall, is a must ! If timings permit, a jaunt on the North Yorkshire Moors Steam train at Pickering.

York, with time to visit the Jorvik Viking Centre, National Railway Museum, delightful "Shambles" shopping street and the imposing Minster with its beautiful stained-glass windows and astronomical clock, plus a guided tour.



COST £510 p/p SINGLE SUPPLEMENT £160

If you are interested, please contact travelmhu3a@gmail.com

MORE NEWS FROM THE GROUPS

(CONT.)

THE ROUGH* GUIDE TO MHU3A TRAVEL 2022 / 2023

* (subject to change).

<u>MONTH & YEAR</u>	<u>VENUE</u>	<u>NOTES</u>
<u>25th April 2022</u>	<u>Coventry: City of Culture 2021/22</u> , Stratford-upon-Avon, The Cotswolds & Compton Verney Gallery.	Travelling by Harry Shaw's luxury coach from Mill Hill. Only two twin / double rooms now available.
<u>26th – 30th June 2022</u>	<u>North Yorkshire</u> : York, Harrogate, Whitby and the stunning Castle Howard.	Travelling by Harry Shaw's luxury coach from Mill Hill.
<u>10th – 17th June 2022</u>	<u>Oberammergau</u> : Lake Garda, Venice, Verona and the wonderful Oberammergau Passion Play.	A small group, originally booked for 2020, travelling with Tailored Travel.
<u>3rd – 10th Sept 2022 ?</u>	<u>The Spanish Basque Region</u> : Biarritz, Bilbao and The Guggenheim, Guernica, San Sebastian, Laguardia & Vitoria-Gasteiz (the Basque Capital) and Pamplona.	By air and coach. The itinerary is currently being drawn-up. Date to be finalised according to flights.
<u>9th May 2023 ?</u>	<u>Scotland</u> . Edinburgh, Glasgow, Falkirk Wheel, Trossachs, Pitlochry and Whisky!	In early planning stages.
<u>Sept 2023</u>	<u>WHERE ?????</u> Northumberland, Italy, Portugal, Madeira, Crete, Ireland, Israel, The Baltic States, Wales, Western Sicily, The Lake District?	Yet to be decided! To vote on which, come to our meeting on 7 th February 2022. Details of the meeting will be on the website in January.

MORE NEWS FROM THE GROUPS (CONT.)

PLEASE NOTE THAT RECENTLY UPDATED
INFORMATION ON ALL OUR GROUPS MAY BE SEEN
ON OUR WEBSITE HERE:

[HTTPS://MILLHILLU3A.CO.UK/GROUPS/](https://millhillu3a.co.uk/groups/)

(COPY AND PASTE THIS ADDRESS INTO YOUR WEB BROWSER — IT IS SECURE!)

CONTRIBUTIONS TO OUR NEWSLETTER

These Newsletters are rather 'one-way traffic' and it would be very gratifying to hear back from our readership; so, if you have any comments/suggestions/requests, please get in touch. Please send any contributions to:

enquiries@millhillu3a.co.uk